

DRUG & ALCOHOL POLICY

Facts and Figures

1. In a high-risk industry like ours, alcohol and work are not compatible.
2. Alcohol is a depressant drug, which depresses parts of the brain function. When working on site you require all of your brain functions to save you from injury.
3. If you are found to be intoxicated with drink, you won't be allowed on site. You may end up losing your job.
4. Don't get drunk the night before and expect to work safely on site next day. Alcohol takes time to work out of your system (1 pint of beer takes approximately 2 hours).
5. 50% of all drivers killed are over the legal limit.
6. If you drink, don't drive.
7. Some workplace fatal accidents are alcohol-related.
8. Keep your head clear - leave your drinking sessions to social events, where you can't cause injury to yourself or others.

QUESTION: What could be the result of being under the influence of alcohol on site?

1. You are far more likely to have an accident on site when under the influence of drugs.
2. You may feel you don't have a drug problem - it's got nothing to do with you. But if you get hurt, it's a bit late to wonder what the other person was on.
3. Signs to look for: watery eyes, pin-point or dilated pupils, running nose, constant sniffing, tight lips, sores, ulcers, trembling, fatigue and irritability. If you see it, report it.
4. All drugs can affect your ability to work safely.
5. Drugs and work don't mix.

Don't let it become a problem.

QUESTION: If you took drugs, what effect could it have on you and your workmates?

QUESTION: What are the signs of somebody who is on drugs?

QUESTION: What effect can alcohol have on you?

Remember: If persons are found to have consumed or be in possession of alcohol and/or drugs, automatic removal from site will be undertaken and that person will not be permitted to work on any future Defined Interiors Limited sites.

In the case of drugs, Defined Interiors Limited will automatically contact the police (as drugs are a criminal matter).

All principles described in this policy must be strictly followed.



Date: 12th February 2024

Dominic Maher (Owner of Defined Interiors)